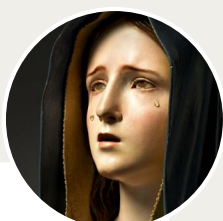




# THE 7 DOLORS OF MARY

ST. BENEDICT LEAGUE OF CHAPTERS | SEPTEMBER 2021 | VEYM-USA



## Mother's Promise

For those who honor Mother Mary by daily saying 7 Hail Mary's and meditating on her dolors (sorrows), will receive 7 special graces.



## Simeon's Prophecy

Mother's heart was pierced by Simeon's words as he foretold of her Son's pain & suffering. This pain continues whenever we choose to sin.  
~ Pray 1 "Hail Mary" ~



## Flight to Egypt

Consider how worried Mother was when she knew someone was seeking to harm her Child. May we do all in our power to offer a safe haven for Him in our hearts.  
~ Pray 1 "Hail Mary" ~



## Loss of the Child

How much Mother must have grieved when she did not know where Jesus was. As she yearned to find Him, may we also desire the same every moment of our life.  
~ Pray 1 "Hail Mary" ~



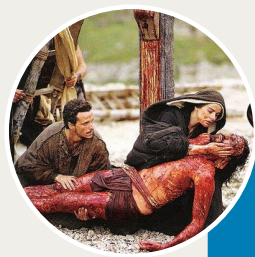
## The 4th Station

Mother holds Jesus' wounded face in her hands when she meets Him on the way to Calvary. Imagine the torment she experiences at the ingratitude of men toward Christ.  
~ Pray 1 "Hail Mary" ~



## The Crucifixion

How much Mother must have desired to take the place of her Son. May we also ardently desire to suffer for love of Christ.  
~ Pray 1 "Hail Mary" ~



## Deposition of Christ

Jesus' lifeless body was placed in Mother's arms. Imagine the anguish she felt as she gazed on all the suffering He bore.  
~ Pray 1 "Hail Mary" ~



## Jesus' Burial

Mother yearned to be united with her Son; but it was God's will that they temporarily be separated. May her desire for union with Christ be ours also.  
~ Pray 1 "Hail Mary" ~

For more information on the "7 Dolors" and other Marian devotions, visit [www.themostholysary.com](http://www.themostholysary.com).



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